

**SUB-SAHARAN
AFRICA**

FAIMER REGIONAL INSTITUTE

Foundation for Advancement of International Medical Education and Research



SAFRI NEWSLETTER

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SAFRI Session 5

The SAFRI 2018 graduations and SAAHE conference experience

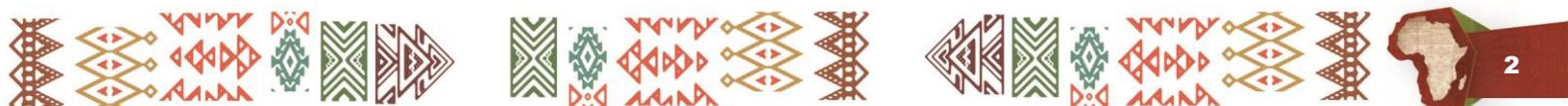


By Eva Mukurunge, 2018 Fellow

The saying that goes “A journey of a thousand miles starts with one step” sounds like a misnomer on looking at the SAFRI journey in retrospect. For the SAFRI 2018 fellows, ours was a journey fraught with excitement, anxiety and backbreaking labour considering the load of SAFRI assignments that had to be juggled with the demands of the job, responsibilities of parenthood, spouse duties as well as other studies such as Masters and PhD. The struggle to balance work and studies was particularly painfully evident with the demand of submission of assignments on time. In spite of all the odds seemingly against the studies, perseverance won the day.

Along the journey, the travelling to Cape Town as the fellows undertook the pilgrimage to attend the SAFRI sessions at the Newlands hotel for intense learning sessions rewarded the perseverance. The sessions also came along with excitement of meeting refreshingly new faces from the medical fraternity, from different cultures, leading to the discovery of strength in diversity and the establishment of new friendships. The icing on the cake was the graduation ceremony of the SAFRI 2018 fellows. The ceremony was beautiful with smiles flashing from every direction of the room as everyone celebrated the awarding of certificates. Soon after the graduations, the fellows were ushered into the

SAAHE conference where they displayed their skills honed from the fellowship in poster and oral presentations. There were opportunities of meeting and befriending new people. The fraternisation in between the presentations at the conferences were a worthy tonic and panacea to the agony of poster preparation and presentation, providing relief and joy after the success of the presentations. The highlights of the SAAHE conference for the 2018 fellows were the awards that were presented to two of the fellows in the group.



Here are some highlights

Congratulations 2018 Fellows!



SAAHE 2019 Conference

Theme: Challenge to Change Healthcare for 2030

Distinguished Teacher Award



We congratulate our own Di Manning and SAFRI CEO for being awarded the 2019 SAAHE Distinguished Educator Award

Prof Di Manning. This picture was taken from the SAFRI LinkedIn page

Best poster winners

We congratulate this year's winners of the best poster at SAAHE, our very own Mampafhi Matete and Noluvo Gasangaye, both 2018 Fellows! Thank you for flying the SAFRI flag higher!



Mampafhi Matete with Hester Julie
(Supervisor)



Noluvo Gasangaye with Prof Eunice Seekoe
(SAFRI Board Chair)

Reflections on the 2019 SAAHE Conference



Reflection by Kimesh, 2018 Fellow

Recapping my experience of SAAHE 2019, amidst the warm hospitality of Bloem and the great job done by SAAHE central region, the concept of change resonated throughout the deliberations for me

Change is certain and the excellent plenaries, workshops and presentations I attended reflected this!

Professor Francis Peters set the ball rolling when he clearly elucidated the change we are seeing with the 4th industrial revolution and the expectations of us a health professional educators and educationalists. He prophetically reminded us that our greatest strength in the new era where AI will grow all-encompassing in our professions is that which sets us apart from many other professions that is our empathy, compassion and CARINGThis needs to be maintained, understood and nurtured and also importantly underpin all our teaching, learning and assessment activities ...

Professor Bill Burdick showed us that the relationship between a better workforce and better health is not a direct relationship but that to stimulate change and innovation for a better health outcome intersectoral linkage across all boundaries holds the key.

Professor Trevor Gibbs in his plenary elucidated the role of the individual within this process and that this individual needs the support and scaffolding to create and sustain this constant change.

The research track of Burden of disease where an international array of presenters across Africa were documenting and heralding this change from curriculum reform in Namibia, Uganda and SA to the creation of decentralised teaching platforms in Lesotho and that scaffolding of care needed for both foreign medical graduates and local SA medical undergraduates

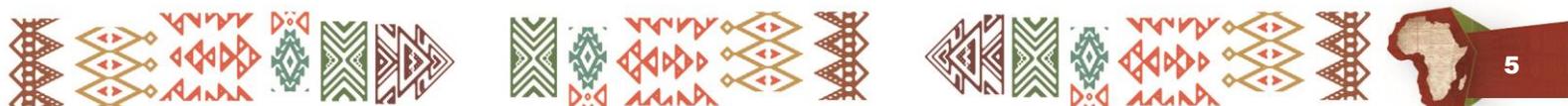
This idea of support to herald constant change was echoed in a wonderful workshop by Professor Gibbs on coping in the 21st century and the need to have this culture underpinning our units

Professor Gary Rogers in a great plenary unpacked the changes in this century with the concept of values within all three domains and particularly that notion that the affective domain in our contexts needs to be effectively and practically supported. He showed us how this can be done with simulated history taking and reflection of these among his undergraduate students

Professor Deborah Murdoch put our roles as HPE in perspective with an encompassing framework of an educational alliance that mimicked our therapeutic alliance and the development of self-authored learners as key concept for the changes we see in the 21st century

Professor Francois Cilliers in his workshops both developing new doctoral scholars for SSA to document and herald change and SIG on assessment developed operationalised the change we have to ensure at research and assessment level across our higher education institutions. Points for change that can affect regulatory bodies like the HPCSA and external moderation can come out these deliberations...so

If you feel you as a HPE, self-authored scholar were not ready for the 21st century this conference certainly provided you with much to think about and much to develop for what's to comeit certainly did for me.



Anthea Rhoda (SAFRI Faculty) had this to add about the SAAHE Conference:

Faculty Development presentations and discussions highlighted:

- the need for *staff mentorship*
- questions (in one of the key notes) about how we get the *emerging academics* to join the group
- Another aspect that needs to be addressed is *Academic Leadership*

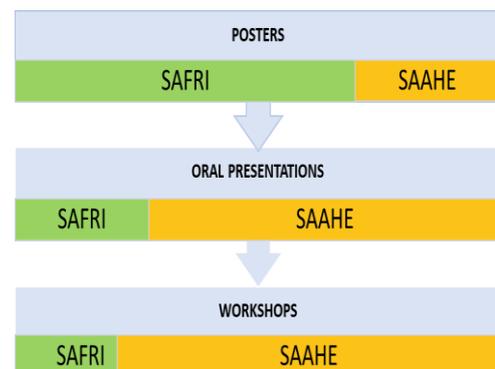
Artificial Intelligence and the 4th industrial was also presented, what was interesting to note was the aspect of the Human Practitioner and the characteristics that the human practitioner has that machines would never have: compassion, etc

I attended a workshop on Feedback by Debbie Murton about Feedback. What was interesting about this session, was that when we provide feedback we mostly ask students or staff, how they think they did in the session. An important aspect that can be addressed as part of feedback, is asking about how student or staff prepared for the session

SAFRI's footprint at SAAHE

SAFRI once again made major contributions to the SAAHE, 2019 Conference:

	SAFRI	SAAHE	%
POSTERS	14	21	67
ORAL PRESENTATIONS	25	63	37
WORKSHOPS	5	15	33
TOTAL	44	99	44



Promotions/Awards



G. Mubuuke, 2009 Fellow

1. Dr. Mubuuke Gonzaga won a National Institutes of Health (NIH) grant as one of the Principal Investigators on this grant along with Prof. Sarah Kiguli who is the other Principal Investigator on the grant. The grant titled: 'Health Professions Education Partnership Initiative (HEPI)'

was won by Makerere University, School of Medicine and it is to run for 5 years

from 2019 to 2024. This grant focuses on strengthening competency-based education, skills training/simulation, e-learning, Inter-professional education (IPE), student mentorship as well as nursing education.

2. In addition, Dr. Mubuuke has also won an administrative supplement grant from National Institutes of Health (NIH) specifically focusing on health professions education and training related to Alzheimers diseases (AD) and related dementias. The focus of this grant is the development and evaluation of student competencies of health professions students in dealing with Alzheimers disease. Mubuuke is a Principal Investigator on this grant, the other Investigator being Prof. Sarah Kiguli.

Champion, 2013 Fellow



We congratulate Champion on his election to the SAFRI Board and election as New Chairperson of the board for AfrIPEN

Thuli, 2018 Fellow



Thuli was promoted to Senior Lecturer in 2019. He was also awarded a Black Academics Advancement Programme



SAFRI Spirit, making things happen!

By Olugbenga Ayannuga, 2018 Fellow



When I arrived at the at the Protea Hotel at Bloemfontein on the 24th of June, 2019 for the last phase of the SAFRI fellowship training I met Champion at the lobby alongside Lizemari. After the exchange of greetings, they informed me of their intended visit to Lagos, Nigeria to attend an AFREHealth conference sometime in the first week of August, 2019. I was quick to invite them to my institution for a private visit. We all agreed and left it at that. Following the completion of the fellowship training and the SAAHE conference I returned to Nigeria getting

enmeshed in the usual activities dealing with 'the monkeys' Two weeks to the proposed visit, I suddenly realized that what was initially planned to be a private visit can actually be a catalyst to kick start the Medical Education Unit which has been in the pipeline for over 2 years.

I shared this view with Champion and in the true spirit of SAFRI, his response was an enthusiastic YES. The following days witnessed a massive exchange of correspondences and sorting out of the logistics. A one-day symposium to discuss 'Interprofessional education; Boundaries and chiasm" was agreed upon. Champion and Lizemari agreed to be in Obafemi Awolowo University, Ile-Ife, some 300 km from Lagos for the symposium. Within 2 working days' notices were sent to the academic staff of the College of Health Sciences.



Dr. Champion Nyoni and Dr. Lizemari Hugo during a courtesy call on the Provost of the College of Health Sciences, Obafemi Awolowo University, Nigeria, Prof Kayode T. Ijaduola. Prof Yemisi Amusa, Chairperson, College Alumni unit and Dr. Ayo Ayannuga in attendance

On Monday, 5th of August, 2019, the first concrete step at rejigging the much talked about Medical Education Unit in the College of Health Sciences of Obafemi Awolowo University was put together. It was attended by 54 academic staff from all the different discipline in the college, while 5 members of the college joined us on-line for the symposium. Aside from the different disciplines that attended the symposium, very senior academic colleagues and the junior ones were in attendance.





Members of the College of Health Science, Obafemi Awolowo University listening with rapt attention as Champion Nyoni and Lizemari Hugo do their presentations

The 3-hour session introduced the attendees to the concept of Interprofessional education with emphasis on its benefit and it was rounded off with a presentation of a South African model of IPE. The presentation was followed by a question and answer as well as discussion time. It was generally agreed that the College of Health Sciences of Obafemi Awolowo University should promptly ensure the revival of the Medical Education Unit which should be properly christened Health Professions Education Unit. It was also agreed that the college should leverage on the many SAFRI fellows within the college that can form the basis for the unit. At the last count, 5 members of the college have indicated interest in the SAFRI fellowship.



Discussion time! SAFRI fellows, Dr. Eniola Eziyi (Speaking) and Prof Omoniyi-Esan (Enjoying the discussion)

SAFRI did not only train the manpower needed for the establishment of a proper Health Professionals Education Unit in Obafemi Awolowo University, it was SAFRI's connection that made the symposium that will help jumpstart the HPE Unit possible. While I wish to sincerely thank Champion and Lizemari for this collaborative venture, I also want to thank SAFRI for ensuring this academic comradeship!



Graduations

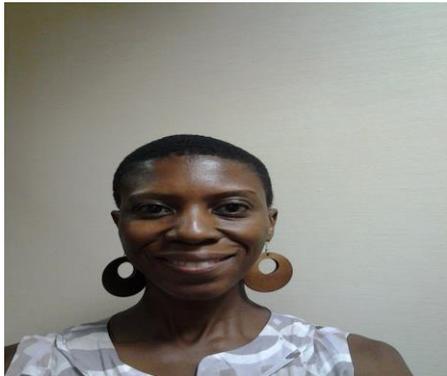
Numerous fellows graduated with PhDs and Masters degrees. Congratulations to all of you and all the best with your future endeavours.

Featured Country: Botswana

By **Naledi Mannathoko (2015 Fellow)**

AND

Enoch Sepako (2013 Fellow)



Botswana, Bechuanaland Protectorate (before independence, Sept 30, 1966)

Population	Number of Universities (5)	Number of HPE Units
2,024,787 (2011 census)	University of Botswana	1- Department of Medical Education, Faculty of Medicine, University of Botswana
	Botswana University of Science and Technology	
	Botswana University of Agriculture and Natural Resources	
	Botho University (Private)	
	BaIsago University (Private)	



Number of SAFRI fellows at the University of Botswana = 6

Dr Mpho Mogodi

Dr Ludo Badlangana

Dr Enoch Sepako

Dr Naledi Mannathoko

Dr Stephane Tshitenge

Dr Deogratias Mbuka

Types of HPE programmes (PhD, Master, PgD)

Plans underway to start a Postgraduate Diploma in Health Professions Education

Collaborations of SAFRI fellows

- **In institutions:** Survey/ study still underway: "An assessment of physicians' understanding of medical education prior, during and post completion of two medical education courses and perceived value in teaching and clinical practice"

- **From outside the country** - Botswana Medical Education Seminar: Shared Curriculum by UBFOM Department of Medical Education and CHOP medical education team, took place on: 22nd -27th July 2019.

The Faculty of Medicine is the only medical school in Botswana.

This year, in October, it will be celebrating its 10-year anniversary. Five cohorts of students have graduated from the medical school.

Fun facts about your country

Covers an area of 581 730 square kilometres – about the size of France or Kenya.

Is the highest producer of diamonds by value in the world.

Places to see and visit

Chobe/Chobe National Park - offers some of the highest concentrations of wildlife in Africa year-round. Chobe boasts around 120,000 elephants.

Okavango Delta - UNESCO World Heritage site. It is a vast inland river delta with a huge variety of birds and animals. Every year the delta floods cover over 16,000 square kilometres.



Tsodilo Hills - UNESCO World Heritage Centre. Has one of the highest concentrations of rock art in the world - a spiritual outdoor art gallery, showcasing more than 4,000 ancient rock paintings.

Makgadikgadi Salt Pans - an area the size of Portugal, one of the largest salt pans in the world. During the rainy season, the pans are transformed into a powder blue lake



Pink flamingos at the Makgadikgadi Pans in Botswana. Picture taken from Google images

Additional news

- Our condolences to the family and friends of Professor Gboyega Ogunbanjo.

We are grateful for his contributions to SAFRI and to the advancement of health professions education in Africa. May you find comfort in Almighty God during this difficult time.

May his soul rest in peace.

SAFRI

- Congratulations to one of our SAFRI Fellows, Innocent (2012) who published a podcast on: "African scholarship is on the rise"

Dr Innocent Besigye is the Assistant Editor of the open access scholarly African Journal of Primary Health Care & Family Medicine (PHCFM), from the Makerere University, Uganda. In this podcast he explains the roles and challenges of Family Physicians in Uganda and what published articles stand out for him.



News on SQUADS

The four squads have great plans for the next year.

Cheer: Cheer will continue spreading the word about SAFRI, our PGDip and our achievements including 'new SAFRI babies' through various social media platforms and at the SAAHE conference. The squad will also expand SAFRI's social media presence through setting up a SAFRI LinkedIn and twitter account. Currently, you can access the cheer squad postings on Facebook (SAFRI Community) and the Online Community of Practice. Watch out for our twitter and LinkedIn accounts.

Should you want to be part of this squad you can contact Abigail or Chivaugn

Seek (info): The seek info squad has been the mastermind behind this newsletter and the more newsletters to come. The fellows will seek information and compile such information in a new look, beautiful and more streamlined SAFRI newsletter. The SAFRI newsletter will be published twice in a year namely August and April.

Should you want to be part of this squad you can contact Ludo or Ronel

Geek: The geek squad is back with a bang. The geeks will work on the SAFRI online Community of Practice. Make sure you are part of the oCOP to experience the new and improved communication platform. Through geek most of the SAFRI communication and information will be hosted on the oCOP. This is exciting.

Should you want to be part of this squad you can contact Lianne or Champion

Teach: The teach squad has two main activities lined up this year. They will work towards adapting ten teaching tools and these will then be hosted at the oCOP for access and use by SAFRI. They will also work toward submitting and presenting a workshop at the next SAAHE in Cape Town.

Should you want to be part of this squad you can contact Corne or Champion

SAFRI application deadline for 2020 Fellowship

Are you a lone voice in the 'wilderness'? Encourage others to apply for SAFRI 2020 so that you can form a pack! The deadline for application is 07 October 2019. The link to the application page is: <https://faimer.fluidreview.com/>

New developments

SAFRI has a LinkedIn page. This is how you can be a part of the network: Follow the link to the SAFRI Company Page - <https://www.linkedin.com/company/sub-saharan-africa-faimer-regional-institute/?viewAsMember=true>

- Click the Follow button near the company name.

